## RICOCHET STRUCTURAL \& PROXIMITY GEAR SIZING INSTRUCTIONS

## GENERAL GUIDELINES WHEN USING FABRIC MEASURING TAPE:

- Do not use other manufacturer's sizing or instructions.
- Do not allow individuals to measure themselves.
- Take into consideration additional clothing worn for protection (J-FIRE) or during colder months.
- Round all fractions up to the next whole number.
- Female patterns may be used during two exceptions.
- Exception: A women's coat pattern is recommended if hips are 5 inches larger than the chest measurement, and/or
- Hips are 5 inches larger than the waist/belly measurement.
- Always provide height and weight and any non-proportional measurements.
- Available sizes

| Coats | Men's | Women's |
| :--- | :---: | :---: |
| Chest (2" increments)* | $34^{\prime \prime}-60^{\prime \prime}$ | $28^{\prime \prime}-50^{\prime \prime}$ |
| Length (2" increments)* | $30^{\prime \prime}-36^{\prime \prime}$ | $28^{\prime \prime}-34^{\prime \prime}$ |
| Sleeve (1" increments) | $32^{\prime \prime}-38^{\prime \prime}$ | $28^{\prime \prime}-34^{\prime \prime}$ |
| Pants |  |  |
| Waist (2" increments)* | Men's | Women's |
| Inseam (2" increments)* | $30^{\prime \prime}-60^{\prime \prime}$ | $26^{\prime \prime}-36^{\prime \prime}$ |

* Must be even numbers
- Ensure all layers shall have at least a 2-inch overlap* between the coat and pant in both of the following positions:
- Standing, hands together, reaching overhead as high as possible; and
- Standing, hands together, reaching overhead with body bent forward, to the side and to back as much as possible.
- *As required by NFPA 1500.


## COATS

When using a tape measure, measure at the following locations over normal clothing.
**Chest and the waist measurements will be larger than your normal clothes. **

1) Chest: Measure around the fullest part of the chest, slightly below armpit—don't pull tape tight.

- Let tape fit comfortably
- Round up to next even number
- Recommendation: If Firefighter has very broad shoulders, add 2" to the chest size

2) Belly/Mid-section: Measure around the belly, at the persons widest point—don't pull tape tight.

- Let tape fit comfortably
- Round up to next even number


3) Sleeve Length: Raise the arm so that it is at a $90^{\circ}$ angle to the body. Bend your arm so your hand is toward your chest.

- Measure from the spine, starting just below the base of the neck, around the shoulder and elbow to the start of the pinky finger
- Round up to the nearest inc

4) Coat Back Length: Measure from the base of the neck down to preferred jacket length.

- Round up to next even number
- Ensure proper 2" overlap/coverage as defined by NFPA 1500
- see General Guidelines
- Review available lengths and standards in following tables:

Men's

| Height | Typical Back Length |
| :--- | :--- |
| $5^{\prime} 5^{\prime \prime}$ and shorter | $30^{\prime \prime}$ |
| $5^{\prime} 6^{\prime \prime}-6^{\prime} 1^{\prime \prime}$ | $32^{\prime \prime}(\text { standard })^{*}$ |
| $6^{\prime} 2^{\prime \prime}-6^{\prime \prime} 4^{\prime \prime}$ | $34^{\prime \prime}$ |
| $6^{\prime} 5^{\prime \prime}$ and taller | $36^{\prime \prime}$ |

Women's

| Height | Typical Back Length |
| :--- | :--- |
| $5^{\prime} 2^{\prime \prime}$ and shorter | $28^{\prime \prime}$ |
| $5^{\prime \prime} 3^{\prime \prime}-5^{\prime \prime}$ | $30^{\prime \prime}$ (standard)* |
| $5^{\prime} 9-5^{\prime} 11^{\prime \prime}$ | $32^{\prime \prime}$ |
| $6^{\prime} 0^{\prime \prime}$ and taller | $34^{\prime \prime}$ |

## SAMPLE COAT ORDER:

If your measurements were: $44^{\prime \prime}$ chest | $42^{\prime \prime}$ belly | $31^{\prime \prime}$ back length | $36^{\prime \prime}$ sleeve length
Your coat size will be: $44^{\prime \prime}$ chest x $32^{\prime \prime}$ back length x $36^{\prime \prime}$ sleeve length
Sample Part Number: MM2-GBS-C-AFM-44-32-36*
*Note coats are ordered in: chest x coat back length x sleeve length sequence

## PANTS

When using a tape measure, measure at the following locations over normal clothing.
**Chest and the waist measurements will be larger than your normal clothes. **

1) Waist: Measure around waist, over the belt or pant waistband.

- Round up to next even number

2) Hip: Measure around the fullest part of the hips.
3) Leg Inseam: Measure from the crotch to the ankle bone, ensuring that the individual is standing up straight.

- Note your bunker pant inseam will be approximately 2" shorter than your pant/jeans inseam
- Round down to closest even number
- Err on shorter side.
i. If too long, pants may drag and tear
ii. If too short, boot or shoe will cover this area


## SAMPLE PANT ORDER:

If your measurements were: $40^{\prime \prime}$ waist | $42^{\prime \prime}$ belly | $31^{\prime \prime}$ inseam
Your pant size will be: $42^{\prime \prime}$ waist $\times 30^{\prime \prime}$ inseam
Sample Part Number: MM2-GBS-PAA-AFM-42-30 *
*Note pants are ordered in: waist x inseam sequence

